

ASPPH HEADSHOT REQUIREMENT

We want an image that will portray you and your brand in the best possible way. The headshot must include the front of your face, the head, and shoulders, and is not cropped too closely to the head or a cropped photo from a group photo. The picture should be in color, in focus, have proper lighting, and good composition. When appropriate, the headshots may appear on the ASPPH website, printed materials, PowerPoint presentations, or on ASPPH social media. By submitting the photo, you are giving ASPPH permission to its use.

Examples:



Size:

File sizes between 1MB and 10MB. A pixel size between 450 x 450 at a minimum.

File:

Acceptable file types: jpg, jpeg, png.

Lighting:

Natural light from windows, or outdoors in the shade. Avoid harsh, unflattering shadows.

Background:

Simple background to make you the focal point. Avoid busy backgrounds.

Clothing:

Dress appropriately. Business professional or business casual.

Upload photo using this link: <https://www.aspph.org/photo-upload/>